

**Happy Thanksgiving Tri Foxes** Inbox X[Print all](#)**Fox Cities Triathlon Club**[show details](#) Nov 20[Reply](#)**11/20/2010****IN THIS ISSUE**[December Meeting](#)[IM Arizona](#)[Fuzzy Fox Awards](#)[Noodleini](#)[Stipends](#)[Tri Fox Spin](#)[Xterra Sale](#)[Crash and Burn](#)

Hey Tri Foxes,

You might have noticed the lack of a November meeting notice...it was the perfect storm of circumstances that lead to the cancellation.

We're very very sorry but plans are underway for our end of year December meeting and party.

**IRONMAN ARIZONA**

The race is this Sunday the 21st....please log onto [ironmanlive.com](http://ironmanlive.com) and send your vibes to fellow FOXES, Amy Henning, Daryl Yunk, Drew Herrmann, and Renee Rentmeester! GODSPEED FOXES!

**FUZZY FOX AWARDS**

Speaking of December, that means its time for our Annual FUZZY FOX AWARDS...do you know someone who did something special for you or the club or someone else this past season...did they save you from drowning or fix a flat or give you an extra GU? Or maybe they were just good Tri Foxes.....please send your nominations to [foxtriclub@gmail.com](mailto:foxtriclub@gmail.com) and we will forward them to the AWARDS committee.

**2010 Noodleini**

There is still time to register for the 2010 Noodleini Run/Walk 5K/15K.



The race will start and finish at West De Pere High School (665 Grant St). The gun goes off at 8:00 a.m. SHARP!



Each runner will receive a high quality long-sleeve shirt, a certificate for a FREE bowl of noodles from any Noodles & Company store nationwide and a Thanksgiving themed cheese pack.

Finish with a special delight of a Bowl of Noodles from Noodles & Company.

You can drop off your Noodleini Run/Walk brochure at any of the 3 area Noodles & Company locations or Fleet Feet Sports Fox Valley and receive a \$3 off discount.

**Group Discount!** If you drop off six or more entries, take another \$2 off per entrant. (Forms must be put together in one envelope.)

Visit the Midwest Sports Events website for more information: <http://www.midwestsportsevents.com/noodleini.html>

## STIPENDS

At our October meeting there was a mention that maybe we should use some of our club money to help offset race expenses in certain extraordinary circumstances..it seemed like a neat idea and there was great support to move forward ....since then, there has been some negative feedback that we are planning to award ELITE athletes only with stipends....NOT TRUE! To date, the only thing that has been discussed is that stipends would be awarded in very special cases and that anyone who is interested has to race in TRI FOX colors....no committee has been formed but Mike Schmidt said he'd take the lead. Always remember that the basis for our club is that we are a club, not an elite team...and we are all about helping and encouraging everyone...we are certainly not elitest...after all, didn't W.C. Fields say that he'd never belong to a club that accepted members like him!!! We want everyone to compete and have fun and reach their goals!

## SPIN AND 'ZA

On December 10th from 6-8pm, Don Keddell will lead the first indoor TRI FOX spin of the winter at the Appleton Y....please email him at [Don.Keddell@yahoo.com](mailto:Don.Keddell@yahoo.com) in order to reserve your bike for his most excellent class...oh, and the plan is to go for "ZA afterwards (that's "Don talk" for pizZA).



## XTERRA WETSUIT APPRECIATION SALE

Thank you for a wonderful 2010 season! To show our appreciation, XTERRA WETSUITS would like to extend to your club further discounts on our Vortex 3 wetsuit until December 31, 2010.

The Vortex 3 will be discounted down to the following prices, and include FREE SHIPPING to the continental United States. There will also be NO sales tax, except for CA residents.

Vortex 3 Sleeveless John - \$99 (reg. \$300)

Vortex 3 Fullsuit- \$149 (reg. \$400)

Make sure you use the team code C-FOXES when placing an order. Purchases can be made online at [www.XTERRAWETSUITS.com](http://www.XTERRAWETSUITS.com)

## CRASH AND BURN

"THEY" say to backup your computer so you don't lose your pictures and your documents and your address book...well, "THEY" would be right!! My hard drive took a nose dive and everything including my TRI FOX FOTOS and my email addresses were sent to a cyberspace death....if I've ever sent you an email (other than these blasts) and if you'd like to, I'd appreciate you sending me an email so I can recreate my address book.

Thanks Alan Cherkasky [acherkasky@new.rr.com](mailto:acherkasky@new.rr.com)

Thanks for reading the latest Tri Fox News.

This email address is not checked daily. Most articles include a contact person and/or an email address, so please use those if you have questions or comments instead of replying to this email.

Sincerely,  
Fox Cities Triathlon Club

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